

## Important Dates for the 2018-2019 LMG Calendar

### School-Aged Boys Gym

#### Beginner Level

**Grade in School:** Kindergarten & Up

**Goals/Skills Covered:** Rolling, handstands, cart-wheels, swings, pullovers, springboard, strength.

#### Class Times (pick 1-2 classes):

Tuesday 4:30-5:30 pm; Thursday 6:30-7:30 pm.

**Cost:** \$68/month for one class; \$102/month for two classes.

#### Advanced Level

**Grade in School:** Kindergarten & Up

**Goals/Skills Covered:** HS variations, roundoffs, handsprings, back hip circle, swings, strength, mushroom circles.

#### Class Times:

Wednesday 3:30-4:30 pm (Grades Kin, 1st & 2nd)

Tuesday 6:30-7:30 pm (3rd Grade & Up)

**Cost:** \$68/month.

*We also offer competitive teams for both boys & girls. If you are interested in our competitive teams, we recommend you complete at least one year in our recreational program.*

- Mon, Aug. 20: First Day of Classes
- Mon, Sept. 3: Labor Day (Closed)
- Wed-Thurs, Nov. 21-22: Thanksgiving (No Classes)
- Mon-Fri, Dec. 24-Jan 4: Winter Break (No Classes)
- Mon-Fri, Apr. 15-19: Spring Break (No Classes)
- Sat, May 11: Spring Show (Recital)
- Mon, May 27: Memorial Day (Closed)
- Thurs, May 30: Last Day of Classes

**Payments are due on the 1st of each month, & late after the 7th of each month. Late payments are subject to a fee of \$5 per week, per child enrolled.**

*Please remember it is our policy to hold your spot throughout the entire school year. If you choose to drop from our program before the end of the school year, please provide us with written notification no less than two weeks before your final class.*

*All clients must re-enroll from school-year to summer schedule & from summer to school-year schedule.*

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# Lake Murray Gymnastics Fall 2018

## Birthdays Parties

Parent and Tot Classes (Walking to 3 years)

Pre School Gymnastics (Ages 3-5)

Recreational Gymnastics (Kindergarten & Up)

Competitive Gymnastics (Boys and Girls)

Co-Ed Tumbling for School Aged

Co-Ed Middle School/High School Tumbling

Friday Parent's Night Out (Open Gym)

Drop & Play Open Gyms (Non-School Days)



# School-Aged Girls Gym

## Playful Parenting

**Ages:** Walking to 3 years (co-ed)

**Goals/Skills Covered:** Rolling, running, jumping, coordination, balance, listening & independence.

### Class Times (pick 1-2 classes):

Tuesday 10:00-10:45 am; Thursday 5:30-6:15 pm.

**Cost:** \$60/month for one class; \$90/month for two classes.

## Pre-School Gym

**Ages:** 3-4 years (co-ed)

**Goals/Skills Covered:** Rolling, running, jumping, coordination, balance, listening & strength.

### Class Times (pick 1-3 classes):

Tuesday 11:00-11:45 am & 3:45-4:30 pm; Wednesday 1:00-1:45 pm & 6:30-7:15 pm; Thursday 3:45-4:30 pm & 5:30-6:15 pm.

**Cost:** \$60/month for one class; \$90/month for two classes; \$115/month for three classes.

## Advanced Pre-School

**Ages:** 4 years (co-ed)

**Goals/Skills Covered:** Rolling, handstands, cart-wheels, pullovers, casting, balance & springboard.

### Class Times (pick 1-2 classes):

Monday 4:30-5:30 pm; Tuesday 1:00-2:00 pm;  
Wednesday 5:30-6:30 pm

**Cost:** \$68/month for one class; \$102/month for two classes; \$130/month for three classes.

## Beginner Level

**Grade in School:** Kindergarten & Up

**Goals/Skills Covered:** Rolling, handstands, cart-wheels, casting, pullovers, balance & springboard.

### Class Times:

#### Kindergarten/1st Grade (pick 1-3 classes):

Monday 4:30-5:30 pm; Tuesday 3:30-4:30 pm;  
Wednesday 6:30-7:30 pm; Thursday 6:30-7:30 pm.

#### 2nd/3rd Grade (pick 1-3 classes):

Tuesday 4:30-5:30; Wednesday 6:30-7:30 pm;  
Thursday 6:30-7:30 pm.

#### 4th Grade & Up (pick 1-2 classes):

Monday 5:30-6:30 pm; Thursday 4:30-5:30 pm.

**Cost:** \$68/month for one class; \$102/month for two classes; \$130/month for three classes.

## Intermediate Level

**Grade in School:** Kindergarten & Up

**Goals/Skills Covered:** HS variations, roundoffs, handstands, back hip circle, balance & springboard.

### Class Times:

#### Kindergarten & 1st Grade (pick 1-2 classes):

Tuesday 5:30-6:30 pm; Wednesday 3:30-4:30 pm.

#### 2nd/3rd Grade:

Monday 5:30-6:30 pm; Thursday 4:30-5:30 pm.

#### 4th Grade & Up:

Tuesday 6:30-7:30 pm.

**Cost:** \$68/month for one class; \$102/month for two classes.

## Advanced Level

**Grade in School:** 1st Grade & Up

**Goals/Skills Covered:** HS variations/walkovers, roundoffs, handstands, back hip circle, glide/long/under swings, HS & CW on beam; flatback/FHS vault; strength.

### Class Times (pick 1-2 classes):

Monday 6:30-7:30 pm; Wednesday 4:30-5:30 pm.

**Cost:** \$68/month for one class; \$102/month for two classes.

## Co-Ed Tumbling

### Beginner Level & Advanced Level (Elementary Age)

**Grade in School:** Kindergarten & Up

**Goals/Skills Covered:** Rolling, handstands, cart-wheels, roundoffs, kickovers, trampoline, springboard, limbers, walkovers, roundoffs, handstands, front/back tucks, aerials.

### Class Time:

Tuesday 5:30-6:30 pm (Grades Kinder-4th)

**Cost:** \$68/month.

### Advanced Level (Elementary Age) Beginner/Advanced Level (MS/HS)

**Grade in School:** 1st & Up

**Goals/Skills Covered:** Limbers, walkovers, roundoffs, handstands, front/back tucks, aerials.

### Class Time:

Tuesday 7:30-8:30 pm (Grades 5th-12th)

**Cost:** \$68/month.