

South Carolina Gymnastics

2015-2016 Guidebook



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The SC USA Gymnastics Committee is comprised of a SC State Chairman, who represents South Carolina on the Region 8 USA Gymnastics Committee, and 11 Committee Members. (Please note that the number of Committee Members may vary depending on the needs of the State Chairman. Any changes in the number of Committee members or Committee Positions will be sent to the membership during the election process. The SC USA Gymnastics Committee is the governing body of South Carolina Gymnastics following the rules and regulations of USA Gymnastics and Region 8 USA Gymnastics. The SC USA Gymnastics State Chairman serves a two year term from August to July with elections in March.

The current Committee Member Positions are Assistant State Chairman, Apparel/Scholarship, Secretary, Awards, three Fundraising/Education positions - XCEL, Compulsory and Optional, NAWGJ Representative, Newsletter, TOPS/Elite Representative, Webmaster/Athlete Tracking, three Representatives – XCEL, Compulsory and Optional. Each Committee Member serves a two year term from August to July with elections in May.

The SC USA Gymnastics Committee meets a minimum of twice a year. Decisions made in between meetings are voted on by e-mail by the Committee Members. The SC USA Gymnastics Minutes from the meetings are placed on the SC USA Gymnastics web site. A SC USA Gymnastics Newsletter is available on the SC USA Gymnastics web site www.sc-gymnastics.org ---- The SC USA Gymnastics Committee hosts an Annual State Meeting once a year, typically held in the fall prior to the competitive season. All SC USA Gymnastics Coaches and Judges are encouraged to attend. At the SC USA Gymnastics Annual Meeting each club is given a SC USA Gymnastics Handbook and SC USA Gymnastics Quick Reference, along with any updates for the current competitive season. If a club does not attend these materials are mailed to them. All of these items are also available on the SC USA Gymnastics web site.

Chairman – Joanne Child - jchildscgym@bellsouth.net	Asst. Chair.– Mark Bonsky - markbonsky@aol.com
Secretary – Mendi Knisley – mendi-gary@juno.com	Newsletter – Vicki Walker – victory30@aol.com
Webmaster/Athlete Tracking – Joey Smith – joecargym@netzero.net	
Awards – Tricha Tapio - tricha78@hotmail.com	NAWGJ – Janet Efland – janet@dannyefland.com
Apparel/Scholarship – Anna Sexton – annacsexton@gmail.com	
Tops/Elite Rep. –Davita Ivey - iveygy@bellsouth.net	
XCEL Rep. – Ashleyanne Murray – ashleyannet03@yahoo.com	
Opt. Rep.–Susie Vahala- susievahala@icloud.com	Comp. Rep.–Dana Morris – danaleemorris@gmail.com
Fundraising/Education – Comp. – Stacy Robinson - mrobin3002@aol.com	
XCEL – Pam Mobley - ptk1133@cs.com	Opt. – Ashley Lamborn - alamborn@vt.edu

South Carolina State Administrative Committee Job Descriptions

ASSISTANT STATE CHAIR– This person will work closely with the State Chair and will take their place at any committee meeting (Regional or State). This person is responsible for helping with all the State Meets and clinics. They will be responsible for finalizing the schedule for all Compulsory and Xcel State Meets (must be according to Rules and Policies). In addition this person oversees the SC Coach and Club of the year. The guidelines for these state awards must be published pre-season and also sent to the web master.

SECRETARY– The Secretary will be responsible for taking minutes at all committee meetings. All minutes should be typed and e-mailed to everyone on the board for their approval within one week of the meeting. Minutes should be stored on a flash drive and sent to the web master for publication on the web. He/She will send thank you notes and flowers when necessary. This person will be responsible for sending the minutes at the end of each season to the State Chair. Other duties include: Sending out E-mail updates, changes and important information that may come up during the competitive season. This board member will also collect the SC USA Gym meet tax and submit monies and a detailed re-port to the State Chair.

NEWSLETTER– This person will be responsible for collecting the necessary information for two publications (Fall and Summer). Fall start up information will include the Competition Calendar, the Club handbook, as well as invitational, State Meet and clinic information. The summer newsletter will include State Meet bid forms and other post season information. This newsletter will also include meet results from the Regional, Eastern and National Competitions. The fall and summer publications must also be sent to the web master. This person is also required to update club information on a yearly basis. Other duties include: Graduating Seniors. This person will compile a graduating senior list each year and order the necessary awards for recognition at State Meets. This includes Coach of the year and scholarship awards.

WEBMASTER/ATHLETE TRACKING– This person is responsible for maintaining and keeping up to date information on the State web site, athlete tracking and collecting competition fees for all levels. He/She will provide the State Chair with the number of gymnasts that qualify to state with a certain score for each level. This person is also in charge of mobility to ensure that athletes have properly qualified to compete at the next level. Other duties include: Equally dividing levels that have a novice and open division at the state meet, Assisting meet directors with State Meets and helping the board make decisions for State Meets based on athlete numbers. This position does include a stipend from SC Gym for athlete tracking. This person will also handle State Administrative Committee elections.

AWARDS– This person will be responsible for ordering medals and ribbons for all SC USA State Meets as well as the state meet gifts for the athletes. The medals and ribbons ordered will follow the guidelines set forth in Rules and Policies and the SC USA State Administrative Committee. This must be done by the deadline date to receive the early bird discount. This person is responsible for determining how many medals each State Meet will require and how many they actually use. The awards coordinator will also be responsible for getting the medals and gifts to each state meet location. They are not required to bring them but must arrange to have them at the meet site in a timely manner. This person will provide an expense report to the State Chair and bill each meet director appropriately for the awards and State Meet gifts.

APPAREL/SCHOLARSHIP– This person will be responsible for establishing guidelines for receiving apparel for the SC gymnasts and coaches attending Regional Championship meets. He/She will work with the State Chair to select the apparel items that the gymnasts and coaches will receive each year. This position also requires attendance at the Level 7-10 State Meet and the Xcel State Meet. (If the committee member is unable to attend the State Meet for any reason, they must find someone to fulfill their apparel duties). Apparel duties include: Sizing, ordering and distribution. He/She will package the apparel when it arrives and determine the best way to distribute to the gym clubs. Other duties include: Louise Peck Scholarship– This person will be responsible for collecting applications for this scholarship each year and submitting candidates and voting

guidelines to all Committee members by February 15. The final results must be compiled and sent to the State Chair by March 1 to order awards before the State Meets.

FUNDRAISING/EDUCATION– This three person team oversees all fundraising activities. The three main fundraisers are the Compulsory, Xcel and Optional Training Camp. Each fundraiser will be responsible for coordinating either the Compulsory, Xcel or Optional training camp. Training camp responsibilities include: Obtaining athlete entries, securing volunteer staff, making and sending out the schedule. The coordinator will work closely with the host gym club to provide: food, hotel and other arrangements needed for the event. The three person team will also decide on the training camp gift and craft project for each year. All expenses incurred in purchasing gifts or craft items will be reimbursed by SC USA Gym. The coordinator will also ensure that an expense report with receipts will be sent to the State Chair from the host club for reimbursement. In addition the coordinator will also be required to submit a financial statement at the conclusion of each training camp to the State Chair. The coordinator will also keep a record of judges' volunteer hours at all training camps.

TOPS/ELITE REPRESENTATIVE- This person will be responsible for helping anyone who is interested in Tops and/or the Elite program. They will provide them with the necessary information or help them locate the information that they need. This rep will report to the Newsletter person any information regarding tops testing, qualifiers and upcoming events for publication. Other duties include: SC USA Gym clinic organizer. This person will coordinate every aspect of any special SC USA Gym sponsored clinics including registration, scheduling and staffing such events.

NAWGJ REPRESENTATIVE– This person will serve as the link between the coaches and judges. The NAWGJ rep will provide the board with the latest judging information. They will ensure that all judges have completed their volunteer requirements to be eligible to judge State Meets. This person will also provide a detailed State Meet slate of available judges to the State Committee for approval by October 1. The slate must include the following information: Judge's name, ranking, volunteer requirement status, and affiliation in rank order. Training camps that occur after the October 1st deadline will be verified by the NAWGJ Rep and reported to the state chair immediately following the train-in camp. The NAWGJ rep will also assist in providing judges for clinics and training camps when needed.

XCEL REPRESENTATIVE–This person will be responsible for communicating information regarding the Xcel program. This includes any updates and changes during the season. This representative must be available to answer any questions or concerns regarding the Xcel program. Most of these duties will be handled via e-mail. The Xcel Representative is also required to volunteer at the Xcel Training camp each year. This representative will also act as an assistant to the fundraising /education coordinator for the Xcel training camp.

COMPULSORY REPRESENTATIVE–This person will be responsible for communicating information regarding the Level 1-5 program. This includes any updates and changes during the season. This representative must be available to answer any questions or concerns regarding the Compulsory program. Most of these duties will be handled via e-mail. The Compulsory Representative is also required to volunteer at the Compulsory Training camp each year. This representative will also act as an assistant to the fundraising /education coordinator for the Compulsory training camp.

OPTIONAL REPRESENTATIVE–This person will be responsible for communicating information regarding the Level 6-10 program. This includes any updates and changes during the season. This representative must be available to answer any questions or concerns regarding the Optional program. Most of these duties will be handled via e-mail. The Optional Representative is also required to volunteer at the Optional Training camp each year. This representative will also act as an assistant to the fundraising /education coordinator for the Optional training camp.

South Carolina USA Gymnastics Member Standards

As professional members and member clubs of South Carolina, it is our responsibility to make known to us the USA Gymnastics Rules and Policies pertaining to our athletic discipline and our levels of participation. In section 2, Code of Ethics, and section 3, Duties and Responsibilities of Professional Members, the code presents a thoughtful and detailed breakdown. You are encouraged to read it thoroughly and reflect on all aspects of its execution. The following is a simplified suggested guideline that offers general principles to guide conduct. It does not supplant the national publication and in no way should be considered complete or inclusive.

- 1. Maintain a paid membership in the national governing body.**
- 2. Maintain and upgrade educational accreditations in order to fully participate in the state regional and national educational and competition environment.**
- 3. Develop a personal ethical behavior pattern that may include the following:**
 - a. Contribute to the gymnastic environment of the sport to produce a positive and rewarding result.**
 - b. Engage in sportsmanlike conduct in all elements of participation.**
 - c. Conduct relationships within the sport with positive practices that are respectful and responsible and that do not discriminate, intimidate, embarrass, abuse, or improperly influence.**
 - d. Set a good example for athletes by displaying a positive attitude and exemplary conduct.**
 - e. Follow safety guidelines established by USA Gymnastics**
 - f. Be mentally and physically prepared and rested in order to provide the safest environment for the gymnast.**
 - g. Protect minors at all times from influences and situations that may be deemed detrimental to their mental and physical health and welfare.**
 - h. Refrain from any activity that may be considered criminal in nature.**
 - i. Ensure that the sport is conducted in an environment free of drug and alcohol abuse.**
 - j. Be informative and cooperative in the presentation and dissemination of information to officials, coaches, parents and athletes.**
 - k. Dress in professional attire reflective of the athletic nature of the sport.**
 - 1. Athletic warm-up**
 - 2. Collared shirt representative of your gym or business**
 - 3. Athletic footwear for safety and performance.**
 - 4. Attempt to avoid the following:**
(Jeans, Sandals, bare feet, halter tops, bare midriffs, open shirts or restrictive clothing)

Gym Switching

Gym switching occurs for a variety of reasons; some legitimate... some not. The following is a suggested course of action that the South Carolina State Board recommends all club owners and head coaches to consider when a parent from another gym approaches you about switching their competitive athlete to your club. The following is a guideline, not an enforceable rule. It is, however a tried and true way of insuring that parents respect you, your program and your professionalism, while also protecting your relationships with the other gym clubs in your area. Again this is only a recommended course of action, but from years of experience (doing this the right and the wrong way) this works.

1. **IMPORTANT:** Encourage the parent to try to work out their problem(s) with their current coach. We know it sounds crazy, but explaining that you would only consider adding them to your team if you were sure they had taken this step goes a long way towards establishing respect for you and your professionalism should the athlete eventually switch to your gym. It also says to the athlete's current coach that you respect them as well. A second thought here is that this may be a problem parent or problem child. Are you sure you want your competitors' problems in your gym? Once this has been tried and you are sure the problems are legitimate and cannot be worked out, then sell your program! Be sure that the problem(s) will not be replicated in your gym. For example, is she a level 10 who needs to be challenged intensely while the highest level in your gym is a level 6 who only works out 12 hours a week? Sometimes doing what is best means recommending another gym.

2. **VERY IMPORTANT:** Be sure to tell the parent that you will call the former coach before you allow her to join your team. It is suggest allowing the athlete only one practice with your team before you make this call. This establishes that YOU are in charge of the situation, not the parent. You are the gymnastics professional and this is a critical step in building respect for you and your program. Also tell the parent you will ask her former coach if they have completed their financial obligations to that gym. The worst mistake you can make is to accept a family into your gym that does not pay their tuition because they will do the same to you. This is also a matter of fairness to the former club.

3. **MOST IMPORTANT:** Humbly call or contact the other coach! (Gloating will ruin all the good work you have done up until now... don't do it!) This simple phone call solidifies your professionalism with your colleagues. Remember that you will likely have a longer relationship with that coach than you will with the athlete. You can avoid future uncomfortable situations or grudges with a simple respectful phone call. Also, remember that it is likely that you will have an athlete leave your gym some day. When that day comes, you will want the other coach to call you.

4. **CRITICALLY IMPORTANT:** Accept the athlete on a trial basis. Establish your team rules and meet with the parent at the end of the trial period to discuss the problems the athlete was having and evaluate their progress. Remember, throughout this situation you are in charge, not the parent. If this new athlete is causing problems in your gym send her on her way.

Again this is how we recommend handling a parent who approaches you about gym switching. However, we would never approach a parent or gymnast about switching gyms, and we hope you or no one associated with your program would (including assistant coaches, athletes or parents) either. Furthermore, this will do damage to your reputation and cost you the respect of your peers. Other teams might not attend your meets and will not want to even be in the same rotation with you. Be careful and guard your reputation! In the end it is all you have.

A note from SC State Administrative Committee Chairman:

As chairman of the SC Gymnastics Committee, one of our duties as a committee is to regulate team competition at all levels at the State Meet. It is our policy that if a gymnast changes from one team to another team. This gymnast must re-qualify for that State Meet under the new team. If she does not do this or she changes teams too close to the State Meet to re-qualify, then the gymnast is allowed to compete at that State Meet but her scores will not count towards her new gym's team scores. The Committee felt this was a good compromise to both the new and old gym. If you have any further questions or need any more clarification, please feel free to contact me.

Joanne Child, SACC

SC USA Gymnastics State Meets

At the end of each season the SC USA Gymnastics Committee meets to determine the dates, Levels, qualifying scores, meet tax, number of judging officials, award procedures, and designation date for the SC USA Gymnastics State Meets of the next season. The dates and Levels will then be published in the SC USA Gymnastics Newsletter and will be posted on the SC USA Gymnastics web site. The SC USA Gymnastics Committee Members take into consideration the input and opinions received from the SC USA Gymnastics Members from the SC USA Gymnastics Survey or input collected from discussions with the SC USA Gymnastics Membership. The decisions made regarding the upcoming season are published in the SC USA Gymnastics Newsletter, Handbook, Quick Reference Guide and the website. In addition, updates, important information and reminders are sent to the membership via e-mail. In order to compete in a SC USA Gymnastics State Meet clubs must submit an entry form, along with payment by the published deadline. Additionally, State Meet Event Specialist must fill out the Specialist Intent form and return it to the appropriate SC USA Gymnastics Committee Member by January 31st. The entry form and Specialist Intent form are available in the Handbook and on the website.

Hosting SC USA Gymnastics State Meets

The SC USA Gymnastics Committee accepts State Meet Bid Forms from any SC USA Gymnastics Club that would like to host a State Meet. The Guidelines are explained on the SC USA Gymnastics Bid Form. Once a State Meet is awarded to a SC USA Gymnastics Club, then a State Meet Directors' Packet is sent to the host club. The host club must comply with the requirements set out in the Bid Information and in the State Meet Directors' Packet. Failure to abide by the requirements of hosting a State Meet may result in the Committee not awarding future bids to the host club that was unable to follow the requirements. The SC USA Gymnastics Committee votes on the submitted bid forms each summer and the SC USA Gymnastics State Meets are announced in the fall of the upcoming season.

SC USA Gymnastics Criteria for Selection of Judges for State Meets

The SC USA Gymnastics State Board must approve the slate of judges for all State Meets. The following is the criteria for the selection process.

1. Fulfillment of Volunteer Requirements
2. Rating and Experience
3. When all the above is relatively equal, then location, car pools, affiliation and membership to the NAWGJ and USA Gymnastics Boards will be considered.

Judges Moving into South Carolina

When a judge (no matter what their rating 5 through Brevet) moves into the state, they will go to the bottom of the rotation for that year for State Meets. They will be considered to judge the State Meets on an as needed basis.

Clarifications for Assigning Judges to the State Meet:

1. If for any reason, you are unable to obtain the correct rating to judge the Level(s) at the State Meet you are contracted and assigned, then you will be replaced.
2. If for any reason, there are not four unaffiliated judges to be Chief Judges, the next unaffiliated judge in rank order will be used.
3. The USA Gymnastics Committee would prefer to use judges that are available for the entire meet, yet when situations arise that this is not possible, it would be the Committee's preference to split the meet among SC judges rather than to contract out of state.

VOLUNTEER REQUIREMENTS:

Judges that would like to be considered to judge the SC USA Gymnastics State Meets must volunteer a minimum of two Sessions at ANY State Training Camp per year to be eligible for a SC State Meet Assignment. Volunteering for a SC Regional Qualifier Club will fulfill one Session of this requirement. (Please see next section for details). There will be no exceptions, as each judge will need to complete the two Sessions minimum with the current season to be eligible to judge the SC USA Gymnastics State Meets. However, a

judge will have the opportunity to petition the SC USA Gymnastics Committee in writing for review of any extenuating circumstances, which are out of his/her control (such as a death in the family, births or accidents) that may prevent him/her from fulfilling these requirements. The State Meet Judge Petitions will be due October 15th, to be submitted to the SC USA Gymnastics Chairman. The Chairman will then present the petition to the SC USA Gymnastics Committee to accept or decline when voting on the SC USA Gymnastics State Meet Judge Slates.

Volunteering at Training Camps & SC Regional Qualifier Club

The SC USA Gymnastics Training Camps are held in the fall of each season. The SC USA Gymnastics Committee determines the levels, date and the location of each training camp. The training camps are USA Gymnastics sanctioned events, and all participants must be a USA Gymnastics member. As the schedule allows, additional clinicians or presentations may be available creating CPE credit opportunities for judges.

Volunteering at a SC Regional Qualifier Club would consist of working with SC athletes that have qualified to Regionals/Nationals for a minimum of three hours which will fulfill ONE Session of State Meet Volunteer Requirement. Please contact the gym to set up a convenient time to volunteer.

Please note that the SC State Meet Volunteer Requirement hours may also be used as In-Gym Hours for Region 8 Regional In-Gym Hours or Miscellaneous Volunteer Hours for CPE credit. Please use the correct form for each, in addition to this form.

Clarifications to the Volunteer Hours

- 1) Judges are asked only to critique elements, parts of routines or entire routines and are at no time asked to coach and/or spot elements.
- 2) As many of the judges in our state serve dual roles as coach and judge, the judge may decide to coach at the training camp which would also fulfill the judge volunteer requirement
- 3) The SC USA Gymnastics Committee feels it is important for the SC judges to work with the SC athletes, therefore Regional and National training camps do not fulfill the volunteer requirement for eligibility to judge the SC USA Gymnastics State Meets.

For those unable to fulfill the Volunteer Requirement, they may submit a petition to the SC USA Gymnastics Committee by October 17th. If necessary, the judge may submit a petition due to unforeseen circumstances for the last Training Camp by November 10th.

State Meet Judge Voting Process

The NAWGJ State Judging Director & the SC NAWGJ Assignor will present a list of eligible and available judges for the State Meets. The SJD and Assignor will present a tentative slate of State Meet Judges with suggested Meet Referees to the SC USA Gymnastics Committee no more than five days after the completion of the second SC USA Gymnastics Training Camp. At that time, the SC USA Gymnastics Committee will vote on the tentative slate and Meet Referees presented, noting any changes that are made to the list presented. The approved State Meet Judges' Slate must be sent to the Regional Technical Chairman by November 1st of each year. Following the third training camp, the SJD will finalize the State Meet Volunteer Requirement completion for each judge. If a judge has not fulfilled the Volunteer Requirement, then the SC USA Gymnastics Committee will reevaluate the State Meet Judge Slates and make any necessary changes. The State Meet Slates will be finalized by November 15th and sent to the judges. Contracts will be sent and returned to the SC NAWGJ Assignor and State Meet Director by January 1st. The Meet Referee will make the event assignments considering the advice of the SC NAWGJ Assignor and Regional Meet event assignments to be submitted to the SC USA Gymnastics Committee no less than four weeks prior to the State Meet. The SC USA Gymnastics Committee will vote on the suggested event assignments, noting any changes. The approved State Meet event assignments will be sent to the judges no less than three weeks prior to the State Meets. Please note that any State Meet Judge replacements within three weeks of the State Meet will be approved only by the SC USA Gymnastics Chairman. Once a replacement is made SC NAWGJ will send a contract to the replacement judge.

South Carolina State Meet Bid Information

- The SC USA Gym Committee will determine the number of judges per state meet. The Meet Director will pay the Assignor's Fee of \$3 per judge.
 - The SC USA Gym Board will select the judges for each State Meet and the Meet Referee will assign the event assignments.
 - Meet Director will pay for the awards for Levels 1-4, Bronze and Silver. SC USA Gym will pay for the awards for Levels 6-10.
 - Meet Director receives entry fees, admissions, concessions & other sales.
 - Meet Director pays judge's fees & expenses and any other expenses associated with meet.
 - Meet Director has responsibility to arrange for equipment contract for the meet and is responsible for this meet expense. All equipment must meet the specifications as listed in the R & P Book.
 - Meet Director makes hotel arrangements and arrangements for judges transportation.
 - Facility must be available Friday, Saturday and Sunday of the State Meet weekend which may include a Thursday set-up.
- The spectator area must be adequate to accommodate the families and friends of 250 gymnasts per day. This includes adequate restroom facilities and parking.
- Experienced computer scoring personnel must be used with electronic score flashing.
 - It is strongly recommended to have an EMT or equivalent personnel to be present at the site or a physician to be on call should one be needed.
 - Competition fee of \$5 per gymnast for Levels 1-4, Bronze & Silver must be paid to SC USA Gym.
 - The competitive gym area must accommodate an area for two sets of equipment with one floor and one tumbling strip to have 4 simultaneous events with proper distance and spacing requirements (refer to equipment section in R & P Book). There must be adequate seating for gymnasts and up to four judges per event.
 - An area must be provided at the State Meets for the following Levels 7-10 and XCEL for the distribution and collection of Regional entry forms and for sizing apparel for the Regional qualifiers.

Meet Director must provide the SC USA Gym Committee with a financial report within a month after the meet.

In order to be consistent for all State Meet Gifts, the SC USA Gym Committee will select a gift for the State Meet Director to purchase.

Club of the Year

The Club of the Year award is presented to one South Carolina gymnastics club each year based on a point system derived from the South Carolina state meet results. Each club is eligible to earn points based on three different criteria, bonus points, team points, and individual points. Clubs will earn bonus points for qualifications to regionals or higher, see the list below. Clubs may also earn points based on the results of the team competition and the all-around placements of individual athletes. Points are awarded on a sliding scale for levels 1 thru 10 and all Xcel levels. See the charts below that outline specifically the Club of the Year point system.

Bonus Points will be award for the following qualifications.

- 12 bonus points will be awarded for clubs who have athletes that qualify for level 10 nationals. **These points will be awarded for the next years standings.**
- 10 bonus points will be awarded for clubs that have a gymnast qualify for level 9 Eastern's. **These points will be awarded for the next years standings.**
- 7 bonus points for level 6, level 7 and level 8 regional team members.
- 5 bonus points for all state excel team members.
- 5 bonus points for every athlete who qualifies for Level 6-10 Regionals.

Club of the Year Point System: For all SC State Championship Competitions

Level 1-10 Team Points – The top three teams at each USA Gymnastics level will receive points for their gym club as follows:

	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9	Level 10
1 st Place Team	2.5	3	3	4	5	6	7	8	9	10
2 nd Place Team	2	2	2	3	4	5	6	7	8	9
3 rd Place Team	1.5	1	1	2	3	4	5	6	7	8

Xcel Team Points The top three teams at each USA Gymnastics Xcel Division will receive points for their gym club as follows:

	Bronze	Silver	Gold	Platinum	Diamond
1 st Place Team	2.5	3.5	4.5	5.5	6.5
2 nd Place Team	1.5	2.5	3.5	4.5	5.5
3 rd Place Team	0.5	1.5	2.5	3.5	4.5

Individual Awards – Gym Clubs will receive points based on the top 3 athletes in the All-around standings in each age group for Levels 2-10 and all Xcel Divisions as follows:

	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7	Level 8	Level 9	Level 10
1 st AA	3	3	3	3	3	6	6	6	6	6
2 nd AA	2	2	2	2	2	4	4	4	4	4
3 rd AA	1	1	1	1	1	2	2	2	2	2

	Bronze	Silver	Gold	Platinum	Diamond
1 st AA	3	3	3	3	3
2 nd AA	2	2	2	2	2
3 rd AA	1	1	1	1	1

The gym club with the highest point total in South Carolina will be awarded the SC Club of the Year Award, and they will also represent South Carolina for the Region 8 Club of the Year Award. The SC Club of the Year will need to provide a resume of their success to present to the Region 8 Committee for consideration. The SC Club of the year award is presented to the winning gym club at the beginning of the following season at the SC Annual State Meeting.

Coach of the Year

New for 2016! South Carolina USA Gymnastics will recognize the achievements of three outstanding coaches by awarding an **Optional, Compulsory, and Xcel** SC Coach of the Year. This award is presented each year at the South Carolina USA Gymnastics Open meeting. This award is based on the following criteria as approved by the South Carolina State Administrative Committee.

- **Must be in good standing with USA Gymnastics and South Carolina Gymnastics**
- **Must be an active pro member of USA Gymnastics**
- **Must have coached in the State of South Carolina the same season**
- **Nominated by another USA gymnastics professional member**

A written nomination (limited to 100 words) must be submitted for consideration of the State Administrative Committee with an appropriate summary of the coach's outstanding achievements.

All coaches who are nominated will be placed on a ballot for voting. At each state meet, all USA gymnastics professionals will vote on a coach of the year candidate for all three categories. Everyone will have one vote and can take part in the voting process at any of the three state meets.

**Submit Coach of the Year Nominations to: Mark Bonsky - Assistant State Chair
no later than February 28th, 2016 to be eligible for the Coach of the Year award.**

E-Mail: markbonsky@aol.com

SC USA Gymnastics Letterman Jackets

Gymnasts in high school are able to order a SC USA Gymnastics Letterman Jacket. The SC USA Gymnastics Committee provides a \$50 discount coupon for each athlete purchasing a jacket. Order forms are available in the Handbook and on the website.

Graduating Senior Gymnasts

The SC USA Gymnastics Committee recognizes each High School Graduating Senior at the SC USA Gymnastics State Meets. In order to ensure that no athlete is left out, coaches are asked to fill out a Senior form for each athlete and return the form to the appropriate SC USA Gymnastics Committee Member by January 31st. The Senior forms are found in the Handbook and on the website.

Louise Peck College Scholarship

All Senior athletes are eligible to submit an application for the Louise Peck College Scholarship. The Scholarship was created to honor Louise Peck, a true pioneer of South Carolina Gymnastics. The Louise Peck College Scholarship applications are due January 31st. The Louise Peck College Scholarship application is available in the Handbook and on the website. A gymnast who will receive a NCAA may be recognized as the recipient, but will receive no financial money in keeping with NCAA regulations. Money awarded will be sent directly to the recipient's school.

Hosting a SC Invitational Qualifier for SC State Meets

All SC Invitational Meets that would like to be a Qualifier for SC State Meets will be listed and published on the SC Competitive Calendar. In order to be considered a Qualifier for SC State Meets, the Invitational must adhere to the following guidelines:

- 1) Be a sanctioned meet complying with the USA Gymnastics Rules and Policies
- 2) Be open to any gym in South Carolina.
- 3) Pay \$2.00 Meet Tax per gymnast to SC USA Gymnastics.
- 4) Follow the Awards Guidelines set out in the Competition Format and listed on the Quick Reference Guide. The information is also found on the SC website site www.sc-gymnastics.org. Please note, that a meet may exceed the Award Guidelines if so chooses.

If a host club/company does not meet all the SC State Meet Qualifier Requirements of awards, payment of meet tax and being open to all gyms in SC, then the SC USA Gymnastics Committee will issue consequences. The first action of the Committee will be to issue a letter to the host club/company to make them aware of the infraction. The second infraction would be to charge the host club/company a fine of \$500. The third infraction would be to charge the host club/company a fine of \$1000. Verifiable proof must be sent to the SC USA Gymnastics Committee before action is taken.

Meet Officials at Invitationals

To obtain judges for an Invitational Meet, Meet Directors must submit a SC NAWGJ Judges Request to the SC NAWGJ Assignor. Please provide all information needed to help facilitate the contracting of officials. A contract for each judge will be sent to the Meet Director and SC NAWGJ Assignor. The Meet Director should contact the SC NAWGJ Assignor if all contracts are not obtained by the contract deadline date.

In SC the following Levels may have a minimum of one-judge panels and still be considered as Qualifiers to the SC State Meets: Levels 1 & 2, XCEL Bronze and Silver.

Any one judge panel used for any Levels 1 & 2 and XCEL Bronze and Silver must be assigned to an unaffiliated, rated judge for the Invitational to be used as a SC USA Gymnastics State Meet Qualifier Meet. For all Levels and XCEL all judges contracted to judge the Invitational must be a rated official.

The National XCEL Committee requires a minimum of a Level 7/8 judges' rating to be eligible to judge the Platinum and Diamond divisions. If there is a lack of qualified judges, the assignor must contact the Regional Technical Committee Chair for permission to assign a lower rated judge, if necessary.

The pre-meet flyer should include all the information that is listed in Rules and Policies titled Pre-Meet Organization. It should specify if one or two judge panels will be used for Levels 1 & 2 and XCEL Bronze and Silver, and their meet fees should be structured accordingly.

Once the judges have been contracted for the Invitational, a Meet Referee will be assigned to the Invitational to be the liaison between the judges and the Meet Director. The Meet Referee will help determine the number of hotel rooms needed, make the room assignments and designate the car pools. When preparing for the judges, please remember the following items:

- All hotel rooms must be non-smoking with two double beds.
- When setting up the judges' tables, please allow adequate viewing of the event in addition to providing space for athletes and coaches to safely maneuver around the tables.
- Please plan for adequate food and drink for the number of judges at your meet. Remember that some of our judges have dietary restrictions and many are health conscious. You may also choose to pay per diem to your judges.
- A map and schedule must be provided to each judge.

**SOUTH CAROLINA REQUEST FOR JUDGES
MEET INFORMATION SHEET**

Name of Meet: _____ Meet Date(s): _____

Host Club: _____ Levels offered: _____

Meet Site (if other than host gym's building): _____

Meet Director: _____ Home Phone: _____

E-Mail Address: _____

Work Phone: _____ Cell Phone: _____

Address: _____

Number of Judges needed: _____ Rating: _____ Meet Referee: Separate _____ Acting _____

Number of Judges per panel: _____ Will meet require official uniform? Yes _____ No _____

Will judges be asked to dress in a theme? If so, describe: _____

Meet Format: Traditional _____ Capitol Cup _____ Other? _____

In an effort to properly adhere to the Rules and Policies inquiry regulations, the SC USA Gymnastics Committee recommends the use of a separate meet referee for any invitational that uses modified traditional continuous rotation format.

Judges requested: _____

If the judges listed above are not available, please list in order three alternates: _____

Est. Number of Days/Sessions: _____ Est. Reporting Time: _____

Housing Arrangements: _____

Meal Arrangements: _____

Miscellaneous: _____

All USA Gymnastics sanctioned meets must use NAWGJ to assign their meets as per the SC USA Gymnastics State Board.

Signed _____

Please send this completed form, a copy of the directions to the meet site, and the assigning fee of \$3.00 per judge (checks made out to SC-NAWGJ) requested to:

Sue Dolinar
16 Hickory Chip Court
Simpsonville, SC 29681
Home (864)627-9640 Cell (864)-906-1388
susan.dolinar@gmail.com

Note: Judges will not be assigned until this form is completed and turned in with all fees applicable.

SC USA Gymnastics Tracking Registration

The purpose of tracking is to track the growth of SC Gymnastics as a whole, as well as the progress of individual athletes within the state.

In 2010, the SC USA Gymnastics Committee decided to make all tracking registrations completed online. This greatly increased the efficiency and effectiveness of tracking the athletes.

Payments are not taken online, but there is a voucher that can be found online, as well as in the SC-USA Gymnastics Handbook.

The tracking system is also used to register gymnasts for their respective state championship meet.

Tracking registration can be found at www.sc-gymnastics.org, then click on the tracking link on the top navigation bar.

Directions are updated online as to how to register and update the gymnasts for your club.

More information is also located in the SC-USA Gymnastics Handbook.

Below are some general directions for logging in and updating your clubs tracking information:

Login at: <http://gymmeets.knackhq.com/sc-tracking>

Step 1: Edit your gym. If you need to update your gym information please follow the **Edit Gym** link

Step 2: Edit or Update your gymnasts. Once you login you will see all of your gymnasts listed in the table. You can click on each field to update that information. Please double check their name, birthday, level, USA Gymnastics number, etc.

Step 3: Add new gymnasts to you clubs database. If you need to add new gymnasts to your clubs database simply click on the add gymnast link. Enter the new gymnast's information then click **Submit**.

Once all of your gymnasts are successfully entered into the tracking database you can simply logout. If you need to update your gymnasts in the future just simply login and repeat the steps above.

If you have additional questions please feel free to email me at joecargym@gmail.com.



National Association of
Womens Gymnastic's Judges

South Carolina NAWGJ



SC NAWGJ

Welcome to the world of Women's Gymnastics Judging!

Mission

It is the mission of the National Association of Women Gymnastic Judges to provide professional development for its members and to support and promote women's gymnastics in the United States.

This Mission will be accomplished by:

- Providing the membership with education, communication, and representation
- Contracting Officials to various organizations with gymnastic programs upon request
- Providing other services to the gymnastic community

Goals

The National Association of Women's Gymnastics Judges (NAWGJ) works at the local, state, regional and national levels of the United States, servicing the gymnastics community and its judges. The goals of the NAWGJ are:

- Teaching and training its members thereby promoting judging excellence
- Functioning as a service organization to the entire gymnastics community
- Disseminating judging information
- Assigning officials to competitions
- Promoting interest in the sport of gymnastics

SC NAWGJ Board

State Judging Director: Janet Efland - janet@dannyefland.com

Assignor: Sue Dolinar - susan.dolinar@gmail.com

Library and Hospitality Coordinator: Davita Ivey - iveygym@bellsouth.net

Judges Cup Coordinator: Mendi Knisley – mendi-gary@juno.com

Co-Education/Clinics and New Judge Training Coordinator: Pat Faulkner - pefaulkner@comcast.net

Co-Education/Clinics and New Judge Training Coordinator: Wendy Luce - wgluce@truvista.net

Secretary: Vicki Walker – victory30@aol.com

Administrative Assistant and Web Master: Sue Dolinar - susan.dolinar@gmail.com

Assigning Meets

All meets on the South Carolina USA Gymnastics Calendar must go through the SC NAWGJ Assigning Official. This includes any local, state or in-gym meets. If you are approached by a meet director to judge a meet, please ask that they contact the NAWGJ Assigning Official. NAWGJ recommends that you do the same for any in-gym clinics.

Assignment of Judges to Meets

Judges will be assigned to local and in-gym meets using the following criteria:

1. Meet director's request. Meet directors have the option to request which judges they prefer on their meets and many of these decisions are based upon close proximity, lower or higher rated judges.
2. Location to meet site. The assignor tries to be considerate to host clubs as far as travel cost factors, car pool logistics and avoiding unnecessary hotel reservations.
3. Juggling meet assignments so all judges receive a minimum of one meet per year based upon acceptable and appropriate availability.
4. Experience and rating.

Clarifications to Assigning of Meets:

1. The assignor will contact a requested judge if she/he had not indicated that he/she was available for that meet to be given a chance to reconsider.
2. When a judge is requested for a meet and has marked that weekend as available, if there are multiple meets, the assignor will contact that judge as to her/his preference of meets.
3. If there is to be any deviation from the Meet Director's Request for Judges Form in the assigning, the assignor will obtain written authorization from the host club and meet director.
4. Meet Referees will be assigned in rank order with the exception of those who are requested by a meet director.

Volunteering In Gyms & Mobility Meets/Score-Out Meets

- 1) In order to be covered by the Judges Association Insurance, a judge must let the SC NAWGJ Assignor know when they are going into a gym in the capacity of a judge.
- 2) Due to liability issues, do not Judge a Mobility/Score Out Meet without the gym putting in a Judges request. As a judge you need to ask the gym to put in a Judges request for a Mobility/Score Out meet. The Assignor will then assign the Mobility/Score Out meet based on the request.
- 3) Mobility meets for Level 6 and above must be judged by a two judge panel, one of which is unaffiliated.
- 4) Any local meet that directly qualifies a Level 5 gymnast to a State meet MUST be judged by a two judge panel.

*Please note that all new Level 5/6 and Level 7/8 judges will be required to practice judge one meet prior to or after passing the test before being assigned to a meet. The session of practice judging must correspond with the level tested. Please work with the State Judging Director to determine the best time to complete the practice judging.

Uniform Requirements

Please note the uniform requirements for local meets as it is indicated on your availability form each year. If you should have any questions prior to the meet, then check with your Meet Referee. In order to judge any South Carolina State Meet, a female judge must wear the official NAWGJ uniform - skirt/pants and blazer, and a male judge must wear a tie and the official NAWGJ uniform. Please note that the SC NAWGJ Board feels appropriate footwear should be worn at all meets. Please refrain from wearing athletic shoes, flip flops or extremely high heels that could puncture a mat on the floor.

Judges Cancellations/Replacements

On rare occasions an emergency situation will arise that prevents the judge from fulfilling the contract. The judge who wishes to be replaced MUST immediately contact the SC NAWGJ Assignor who will find a replacement and notify the Meet Referee and the Meet Director. Judges who need to be replaced should keep in mind the problems associated with last minute replacements and only request a replacement in true emergency situations.

Family Members

Being assigned to a meet means that you will be away from your family. If for some reason your family wants to join you, the following is a MUST:

1. You cannot take ANY family member in a car pool. Don't even ask the driver. You will have to drive to the meet site on your own and receive no mileage or gas. If you are the assigned driver and wish to take your family, you relinquish that position and receive no mileage or gas.
2. Meals are on your own. Your food will be provided, but nothing for your family members. Please do not take food from the judges table to feed your family members. If meals have been arranged by the meet director in an off-site facility (restaurant), family members are not to accompany judges.
3. Family members are not permitted in the judges' room. If you want to spend time with them during the breaks, you will need to meet with them outside of the judge's room.
4. Family members that wish to attend and watch the meet must pay. They are not officials or participants; therefore, they must pay as a spectator. Do not ask for special privileges.
5. Hotel rooms are not furnished for family members. If you have been assigned to a room and you bring your family along, you as a judge, can stay in the designated room but not your family. If your family wishes to stay in the same hotel that is fine, however, it is your responsibility to make your own reservations and pay for them.

Annual CPE Record Form

Each judge must turn in his or her Annual CPE Record Form to the Administrative Assistant by June 30 of each year. It is the recommendation of the USA Gymnastics office that each judge keep all documentation of their CPE credits to be prepared for the random audits that will be conducted.

Judges Cup

Each year SC NAWGJ, along with a host club, hosts the SC Judges Cup as an SC Invitational & State Meet Qualifier. The Invitational serves as a fund raiser for SC NAWGJ with the funds collected being used for the training and education of South Carolina Judges. Additionally, it provides an opportunity to the participating clubs to receive input from the judges on their routines through the critique booklets provided to each competing gymnast. Judges are asked to volunteer their time at this event. Each year, specifics of volunteer expectations and educational opportunities derived from volunteering will be communicated to the judges by the SJD. Please note that if you volunteer at the SC Judges Cup, hotel rooms are provided. SC Gymnastics Clubs interested in hosting the SC Judges Cup should submit a Judges Cup Bid Form at the appropriate time in the spring/summer to be considered.

Judges Cup Bid Form

Theme to be Determined

Please pay attention to the responsibilities of SC NAWGJ and the host club.

Please note that the facility must be available all three days of the date listed above for either set-up or competition.

SC NAWGJ is responsible for the following:

Income

Entry Fees

Expenses

1. Awards

2. Scoring Equipment

3. Meet Director

4. Judges, Assignments & Accommodations

Schedule

Facility Rental – to be negotiated between NAWGJ & Host Club

Goodie Bags

The host club is responsible for the following:

Income

1. Admissions

Concessions

Expenses

1. Facility/Gym & Equipment

2. Host Hotel

3. Coaches and Judges Food

4. Decorations

5. Volunteer Staff

NAME OF HOST GROUP _____ CLUB USA Gym# _____

NAME OF HOST GROUP CONTACT _____ USA Gym # _____

ADDRESS _____

PHONE # (GYM) _____ (HOME) _____ E-MAIL: _____ @ _____

HOW MANY MEETS DID YOU CONDUCT IN THE LAST 2 YRS.? Inv. _____ State _____

WHAT WAS THE NUMBER OF ATTENDANCE AT YOUR LARGEST MEET? _____

FACILITY NAME _____

ADDRESS _____

SIZE OF COMPETITION AREA _____ SPECTATOR CAPACITY _____

NUMBER OF RESTROOMS: WOMEN ___ MEN ___ DRESSING ROOMS: YES ___ NO ___ AIR CONDITIONED/HEATED BLDG. YES ___ NO ___

ESTIMATED FACILITY COSTS: _____ SEPARATE MEETING ROOM FOR 20 JUDGES/OFFICIALS: YES ___ NO ___

DESCRIBE PARKING FACILITIES: _____

LENGTH OF VAULTING AREA (including runway, horse, mat area) _____

CLEARANCE DISTANCES: END OF VAULT MAT TO WALL _____ AROUND FX MAT _____

ENDS OF BEAM _____ ON BOTH SIDES (front & back) OF BARS _____

TYPE OF EQUIPMENT TO BE USED: (list manufacturer & supplier) _____

ESTIMATED EQUIPMENT COSTS: _____ BAR SPREAD: MIN. _____ MAX. _____ TYPE OF RAILS _____

SEPARATE WARM-UP AREA? YES ___ NO ___ DIMENSIONS OF WARM-UP FACILITY _____

DISTANCE FROM WARM-UP AREA TO COMPETITIVE GYM _____

WHAT TYPE OF EMERGENCY MEDICAL PERSONNEL AND SUPPLIES WILL BE AVAILABLE AT THE MEET SITE? _____

HOTEL ACCOMMODATIONS _____ COST _____ DISTANCE FROM SITE _____

Meet Referee Responsibilities

Pre Meet - Meet Referee Responsibilities for Invitational Meets

- Make sure you have a list of judges, contact numbers and ratings for the judges on your meet
- Meet assignment list
- Current Judges' information book
- Meet assignor will let you know of changes in panels if it becomes necessary, she also will know the ratings
- Contact Meet Director – usually the entries are due 2 weeks before the meet – do not wait any longer in case of problems – do not wait for them to contact you.
- Tentative schedule
- Approximate number and levels
- Check levels with judges assigned and schedule – if there seems to be a potential problem – call the Meet Director and see if it can be worked out with scheduling – call the Judging Assignor if it cannot
- Housing arrangements
- Check-in procedure (Include confirmation numbers when available)
- Directions/address and phone number
- Eating arrangements
- Breakfast arrangements
- Dietary restrictions of judges
- Assign Car Pools & rooming
- Recommend car pools – not drivers – let the car pools designate drivers
- Review and convey the SC NAWGJ car pool policies
- Remind that if someone chooses to drive the mileage to the car pool and back is what will be paid.
- Splitting the mileage is acceptable if agreeable by all drivers
- Assign roommates
- Take into consideration car pools, arrival times and other pertinent information
- Send information to the judges ASAP stating clearly the important information:
- Schedule
- Report time (30 min. before scheduled march in)
- Hotel information & rooming assignments
- Recommended Car pools
- Eating arrangements
- Make sure you have vouchers. The State Judging Director provides the vouchers at the beginning of the season. Additional vouchers are available whenever needed.

As Meet Referee, an official has a dual responsibility. The official must be prepared as if she were going to judge every event. In addition, a thorough knowledge of all rules and policies that relate to the specific competition are required. In preparation, the Meet Referee should review Rules and Policies and the USA Gymnastics Minutes. The Meet Referee must be prepared to act as a liaison between the judges, other meet officials and the coaches.

On Site responsibilities of Meet Referee

- Introduce yourself to MD, scorer and music person.
- Become familiar with the way the meet will be run: warm-ups, touch, etc.
- Confirm the scoring procedures, changing a score, getting help with key pad, etc.
- Check Judges seating at events
- Attend Coaches meeting
- Introduce self, other judges, practice judges, judging assistants
- Advise the Judges' assistants of their duties and appropriate professional behavior
- Judges meeting:
- Review meet procedures

- Give scratches
- Address any unforeseen 'problems'
- Remind judges of current changes
- As the sound system is part of the equipment provided by the Meet Director, any problems with the sound system are to be reported to the Meet Referee before the meet begins.

During Meet:

- Keep record of judging time
- Judge one of the first routines on each event (if Separate Meet Referee)
- Judge Routines periodically
- Monitor time flow of meet
- May observe conferences
- Available for counsel upon the request of the CJ
- May recommend but never force a change of any score
- Acts as the final authority in all technical matters involving timers, linesmen, scorers, judges and flashers.
- Serves as President of the Jury of Appeal
- Check in periodically with judging panels
- Distribute and collect vouchers
- Verify Vouchers and Payment
- Will be available for a minimum of 15 minutes following the last exercise performed to deal with questions or concerns with the technical decisions and/or judges' scores.

Post Meet:

- Make sure sanction is signed
- Distribute checks to judges



South Carolina AAU



SC AAU Gymnastics Program Overview:

The SC AAU Gymnastics program is quickly growing and becoming a great alternative for gym clubs that train less hours than what is required to be successful in the USA Gymnastics program. We currently have 15 SC Clubs with over 500 registered AAU athletes. These clubs typically use both the AAU and USA track in their gym. Several clubs are also using this program for their recreational gymnasts. The benefits of the AAU program include: a positive competition experience, lower entry fees, 100% awards and smaller age groups.

SC AAU Rules:

SC AAU currently uses the same rules for compulsory, optional and Xcel as USA Gymnastics. However there are a few modifications to the Xcel program. These modifications can be found on the SCAAU.org web site. Click on the gymnastics link. The AAU Xcel Modifications will be updated once a year in August. We also offer the AAU Ladies Division at any SC AAU Sanctioned Meet. The ladies division rules may be located on the national AAU web site. Warm up times will follow the USA guidelines with the exception of Xcel Silver which will be given 1 minute per athlete. There is no competition timing of beam and floor for any level.

SC AAU Competitions:

There are two types of SC AAU Competitions.

1. SC AAU Sponsored Competitions: These meets are awarded to gym clubs by a bid process and offer AAU sessions only. SC typically offers three of these meets each season including the District Championship meet. District Championships- The National AAU program divides the country into Districts. This allows larger states to have more than one AAU District. SC only has one district. The District Championship meet is equivalent to the USA Gymnastics State Meet.

Qualification for the District Championship meet: There is no qualifying score to attend the District Championship meet. The only requirement is that each AAU athlete must compete in at least one SC AAU sponsored competition or SC AAU Invitational meet to enter the District meet. Special permission may be granted by the SC AAU Chairman for any extenuating circumstances that might arise.

2. SC AAU Invitational Meets- Meet directors hosting a USA Gymnastics invitational may also offer AAU session(s) with approval of the SC AAU Chairman.

AAU Membership:

Athlete \$14.00 per year

Non athlete \$ 16.00 (for coaches, judges, meet directors- this fee includes a background check)

Club membership \$30.00 (Level 1 membership)

Meet Entry:

The AAU program is specifically designed to be affordable for the athletes.

SC AAU requires the use of the following meet entry guidelines for any SC AAU sanctioned event.

AAU Ladies Division In Gym Meet \$45.00 -Outside Facility \$50.00

Level 1-5 In Gym Meet \$45.00- Outside Facility \$50.00

Xcel In Gym Meet \$45.00 -Outside Facility \$50.00

Level 6-10 In Gym Meet \$50.00- Outside Facility \$55.00

Team Entry \$35.00 per level In Gym Meet -\$40.00 per level Outside facility

Large Invitational Meet: Max \$60.00 per athlete for All Levels - **Two judge panel REQUIRED**
(must be approved by the SC AAU Chairman)

Awards:

The AAU program proudly offers small age groups with 12 or less per age group and 100% awards for event and all Around for all AAU Levels. Use of medals for event and all around required. (No ribbons)

100% team awards for all entered teams.

Hosting an AAU Sanctioned event: AAU Sanction and AAU Memberships:

ANY SC AAU Sponsored competition will be awarded by a bid process and voted on by the SC AAU Board. Bid forms are sent out in June.

All AAU Host clubs are required to obtain an AAU sanction. In order to purchase a sanction the host club must obtain the following:

1. Non Athlete Membership- \$16.00 (This will be your administrator)
2. Level 2 Club membership- \$60.00 (This is required to obtain your sanction)
3. Cost of the Sanction- \$50.00 per day. (Rush fees apply for applications that are 30 days or less from the event date) Once you complete the Sanction process, it will then be sent to: Vicki Walker, SC AAU Chairman for approval.

This information can be found on the National website.

<http://www.AAUGymnastics.org> (click on host an event)

Please note that all AAU athletes competing must have a current AAU athlete membership \$14.00 per athlete and a minimum of a Level 1 Club membership \$30.00. This information should be provided on the entry form. The SC AAU Chairman will verify memberships for athletes, gym clubs, coaches and judges before the sanctioned event.

SC AAU Competition Meet Tax:

\$1.00 per gymnast for any SC AAU meet or SC AAU session.

Payable to SC AAU at the conclusion of any SC AAU Sanctioned event.

Checks are sent to:

Vicki Walker 919 Farm Quarter Road Florence, SC 29501

Admission Guidelines:

The SC AAU program will follow the same admission fee guidelines set forth by the South Carolina State Administrative Committee.

Outside facility:

Adults \$15.00 per weekend

Student/Senior 55+- \$10.00 per weekend

Child 5 and under- Free

Family plan (MUST be available) - \$30.00

Home gym facility

Adults \$10.00 per weekend

Student/Senior 55+- \$5.00 per weekend

Child 5 and under- Free

Family plan (MUST be available) - \$20.00

Family= 2 adults and up to 3 children

Scheduling AAU Sessions:

Invitational meets with USA and AAU must be sure the AAU sessions are not being combined with any USA sessions unless there are two competitive gyms going on at the same time. Meet directors will be required to submit the AAU Meet schedule and Age group break down to the AAU Chairman for approval before a final schedule is published.

AAU Meet Flyer and Entry forms:

The SC AAU Chairman publishes the SC AAU Calendar with all meet information for the entire competitive season in August. This will be e-mailed to clubs and placed on the SC AAU.org website.

A generic entry form may be found on the web site as well. Clubs are free to create their own club entry form for any SC AAU Sanctioned meet.

Judges:

All SC AAU Sponsored meets will use two judge panels. Invitational meets with USA and AAU sessions may opt to use one judge per event with approval by the SC AAU Chairman. The use of two judge panels for any AAU competition is always encouraged. If an AAU Invitational Meet opts to use a one judge panel, it will be disclosed in the pre-meet information. Judges for SC AAU Sponsored events will be selected by the SC AAU Board. All South Carolina Judges must have a current AAU membership to judge at any SC AAU meet or SC AAU session. The meet referee will be in charge of making sure the SC AAU rules and guidelines are being followed. Memberships will be verified by the SC AAU Chairman.

Please keep in mind the AAU National program does not follow the same USA guidelines when dealing with the affiliation of judges. Whenever possible, an unaffiliated judge will be used for one judge panels.

SC AAU Gymnastics Board:

SC AAU Chairman: Vicki Walker- victory30@aol.com (843) 679-5679

Board Members:

Louise Peck-louiseweezzie60@aol.com

Susie Vahala- susievahala@icloud.com

Becky Meisel- scmeisel@bellsouth.net

Abby Reid-abbyreidlm@gmail.com

Tricha Tapio- tricha78@hotmail.com

AAU Websites:

SCAAU.org- Click on the gymnastics link to access all SC AAU Gymnastics information

AAUgymnastics.org- National Gymnastics website for membership/sanctions etc.