

Tentative Schedule

Gymnastics Invitational · Trinidad & Tobago · October 16–18, 2026

Friday · October 16

6:00 PM	Opening Ceremony	—
Following ceremony	Session 1	XCEL / PAGU Hopes / FIG

Saturday · October 17

8:30 AM	Session 2	Level 2
11:00 AM	Session 3	Level 3
2:00 PM	Session 4	Level 4 & 5
5:00 PM	Session 5	Level 6 & 7

Sunday · October 18

8:30 AM	Session 6	Level 1 Senior
11:00 AM	Session 7	Level 1 Junior
1:00 PM	Session 8	PC Junior
3:00 PM	Session 9	PC Senior
5:30 PM	Session 10	Levels 8–10

Schedule is tentative and subject to change.